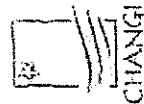


CHANGI BEACH CLUB



SWIMMING LESSON

ENROLLMENT FORM



CHANGI BEACH CLUB

Changi Beach Club

Sports Complex
No. 350 Cranwell Road
Singapore 509864

Tel : 6 546 5215
DID : 6 546 5211

Coach Mobile 9 392 9155



BENEFIT OF SWIMMING FOR THE MIND & BODY

- Relieves Mental Stress
- Improve Vascular & Heart Function
- Improve Concentration, Improve Lungs/Respiratory
Cultivate Self-Discipline
- Aids Blood Circulation
- Improve Determination/Endurance Improve
Joints/Body Flexibility
- Aids Confidence/Personality
- Therapy for Joints & Body Aches, etc

COURSES AVAILABLE

1. Adult Swimming Classes / Personal Trainer
2. Children Fitness Swimming Course
3. Toddlers Swimming (Individual Class)
4. Learn to Swim (Groups)
5. Preparation for NASSA Survival Course
(Bronze, Silver, Gold & Gold-Star)
6. Stroke Correction
7. Crash-Course Workshop

PROGRESS in SWIMMING

You can be assured of good quality coaching with proper continual progress. All swimming difficulties will be Accurately Evaluated & Corrected

RULES & REGULATION

ALL payment will be charged to member's account.& subject to prevailing GST charges

All trainee can only be coached by the swimming coach or his assistant APPOINTED by the Club ONLY

Guests will only be accepted if vacancies are available

All Participant's are to mark their attendance at the Front Office or Coaches before lesson

No Swimming Lesson will be conducted on the last Sunday if there are 5 weekdays during that Month & also on Public Holiday.

There will be no make up lesson if any session is cancelled due to bad weather & also on Public Holiday

MEDICAL CONDITION :

Please inform the coach if you / your child / guest have any specific medical condition

TERMINATION

ONE MONTH'S NOTICE in writing to the Club is required if members wish to discontinue lessons. Absence from lessons does not indicate withdrawal from class unless written notice is received. Otherwise the fee will be charged into your account accordingly.

ENQUIRIES

Desmond Ho @ 9392 9155 or 6 546 5211 / 215
E-mail : sgaquanuts@hotmail.com

